

CLASES GRUPO ENERO

	LUNES		MARTES		MIÉRCOLES	JUEVES	VIERNES	SÁBADO
9:00								
10:00		10:00 PILATES BALANCE		10:00 PILATES BALANCE		10:00 PILATES BALANCE		
11:00		11:00 PILATES SENIOR			11:00 PILATES BALANCE	11:00 PILATES SENIOR	11:00 PILATES DINAMIC	11:00 MASTER CLASS (*)
12:00		12:00 PILATES BALANCE						12:00 PILATES BALANCE
13:00								
14:00		14:15 PILATES BALANCE				14:15 PILATES BALANCE		
15:00					15:00 PILATES DINAMIC			
16:00								
17:00						17:00 PILATES BALANCE		
18:00		18:00 PILATES BALANCE		18:00 PILATES BALANCE	18:00 PILATES BALANCE	18:00 PILATES BALANCE	18:00 PILATES BALANCE	
19:00	19:00 PILATES DINAMIC	19:00 PILATES BALANCE	19:00 PILATES DINAMIC	19:00 PILATES BALANCE	19:00 PILATES BALANCE	19:00 PILATES BALANCE		
20:00	20:00 PILATES DINAMIC	20:00 PILATES BALANCE		20:00 PILATES DINAMIC	20:00 PILATES DINAMIC	20:00 PILATES DINAMIC		
21:00				21:00 REFORMER CADILLAC		21:00 REFORMER CADILLAC		

**NO SOLO PILATES
ON LINE**

LUNES 19:00 Y JUEVES 19:30

YOGA:

MARTES Y JUEVES 20:00

**MASTER
CLASS (*)**

CONSULTAR API