

CLASES GRUPO MAYO

	LUNES		MARTES		MIÉRCOLES		JUEVES		VIERNES	SÁBADO
9:00										
10:00		10:00 PILATES BALANCE		10:00 PILATES BALANCE				10:00 PILATES BALANCE		
11:00		11:00 PILATES SALUD (*)			11:00 PILATES BALANCE			11:00 PILATES SALUD (*)	11:00 PILATES FUNCIONAL	11:00 PILATES BALANCE
12:00		12:00 PILATES BALANCE			12:00 PILATES BALLET					12:00 PILATES BALANCE
13:00								13:00 PILATES SALUD (*)		
14:00		14:15 PILATES BALANCE						14:15 PILATES BALANCE		
15:00					15:00 PILATES DINAMIC					
16:00										
17:00		17:00 PILATES BALANCE		17:00 PILATES BALLET					17:00 PILATES BALANCE	
18:00		18:00 PILATES BALANCE		18:00 PILATES BALANCE		18:00 PILATES BALANCE		18:00 PILATES BALANCE	18:00 PILATES BALANCE	
19:00	19:00 PILATES BALLET	19:00 PILATES BALANCE	19:00 PILATES FUNCIONAL	19:00 PILATES BALANCE	19:00 PILATES PRE-MAMÁ (*)	19:00 PILATES BALANCE	19:00 PILATES FUNCIONAL	19:00 PILATES BALANCE		
20:00	20:00 PILATES AÉREO	20:00 PILATES BALANCE	20:00 PILATES AÉREO	20:00 PILATES DINAMIC		20:00 PILATES BALANCE	20:00 PILATES YOGA	20:00 PILATES DINAMIC		
21:00		21:00 PILATES BALANCE								

NO SOLO PILATES
ON LINE

LUNES 19:00, MIERCOLES 18:00 Y JUEVES 19:30

(*)

GRUPOS SEMI-PRIVADOS

CLASES CICLO / WALKING VIRTUAL

[illegible]